

PROCESS ART CLASS *spirituality through creativity*

FALL SESSION 2007

October 21 & 28, November 11 & 18, December 2 & 9

at THE SANCTUARY, a community of grace

Creative expression has the power to transform individuals and improve our quality of life. Through creative process we move closer to our authentic selves and into the light of self discovery and spiritual growth and connection.

The process art class serves to provide a non-judgmental atmosphere for inner exploration and creative process through painting.

In the words of a jazz great, "There is no plan(as we paint). We just come out there in vulnerability and see what happens."

Painting without knowing the outcome can help us deepen into ourselves, listen inward, learn to trust our intuition and open to our creative potential. You do not have to be an artist to paint! The painting experience serves people at all levels of experience including no experience. Each person is individually facilitated within the class.

"When you do things from your soul, you feel a river moving in you, a joy."

REGISTRATION: Classes are at The Sanctuary in Greensboro, NC, 900 Sixteenth Street. From Battleground Ave. go East on Cone Blvd., R on North Church St., L on 16th Street. It is the last group of buildings and chapel on the R before the bridge. Park in the back lot.

NAME: _____ PH _____ E-MAIL _____

Class dates: Oct. 21 & 28/ Nov. 11 & 18/ Dec. 2 & 9

Class Session is \$35./class plus a one time materials fee of \$10.00 Checks to Betsy Bevan Sign up for **all 6 classes** for \$200. or **any 4 classes** for \$100. Materials included.

Class is taught by experienced facilitator and artist, **Betsy Bevan, MM**

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Total Enclosed: _____

The Sanctuary phone: 621-1514 www.theSanctuary.org